

WHAT YOU SAY NEXT CAN CHANGE YOUR LIFE

with

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Certified Life Coach, Author, Trainer, Consultant.

In an interactive presentation, we'll explore how:

- What we say to ourselves defines our life.
- What we say to others, impacts their lives, and ours.
- What we say next is a choice - really!
- The way we respond when we listen sends messages.
- When managing conflict, knowing what to say next can lead to unexpected win: win outcomes and better relationships.

Enhance your awareness and skills

7:00 to 9:00 p.m. Wednesday April 9th 2008

Fort Collins Senior Center, 1200 Raintree Dr., Fort Collins, CO 80526

\$21 per person

Register at (970) 221 6655 or www.fcgov.com/recreator

Course # 44570-01; \$21

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